

## Mountain Shadows Teen Services

To add your name, update information, or delete information,  
please contact: [fmc900@flagstaffmanagement.com](mailto:fmc900@flagstaffmanagement.com)

### KEY:

B: Babysitting

H: House Sitter

S: Snow Shoveling

\* = CPR / Red Cross Certified

L: Lawn Care

D: Dog Walker

P: Pet Sitter

C: Chores

| Name, Age             | Phone Number | B | B* | P | H | L | C | S | D |
|-----------------------|--------------|---|----|---|---|---|---|---|---|
| Arjun Roth, 9         | 314-852-2364 |   |    | ✓ | ✓ |   |   |   |   |
| Brenden Castanon, 13  | 720-255-5818 |   |    | ✓ | ✓ |   | ✓ |   | ✓ |
| Corine Schanz, 9      | 303-807-7791 |   |    | ✓ | ✓ |   |   |   | ✓ |
| Emma Luna, 12         | 303-859-5307 | ✓ |    |   |   |   |   |   |   |
| Emmalyn Howard, 14    | 720-453-9200 |   | ✓  |   |   |   |   |   |   |
| Esme Lamson, 11       | 303-949-0024 |   |    | ✓ |   | ✓ | ✓ |   | ✓ |
| Gabriel Ontiveros, 15 | 720-312-2763 |   |    | ✓ | ✓ | ✓ |   |   |   |
| Ivy Lamson, 13        | 303-949-0024 | ✓ |    | ✓ |   | ✓ | ✓ |   | ✓ |
| Jax Wilke, 17         | 720-438-1181 |   |    |   |   | ✓ | ✓ |   |   |
| Melanie Lamson, 15    | 303-949-0024 | ✓ |    | ✓ |   | ✓ | ✓ |   | ✓ |
| Phoenix Wilke, 16     | 720-442-2145 |   | ✓  | ✓ |   |   |   |   |   |
| Jameson Reese, 12     | 720-352-7938 |   |    |   |   | ✓ |   |   |   |